

**Prep For Esophageal Motility with Diagnosis of Achalasia**  
(Afternoon Appointment)

Gastroenterology Clinic, APMC  
611 Grammont St.  
Monroe, LA 71201  
318.325.2634 or 800.293.2634

2 Days Before Procedure: \_\_\_\_\_

\_\_\_\_\_ Liquids only. No solid food. Approved liquids are: soft drinks, coffee, tea, Popsicles®, Jell-O®, broth, juices, pudding, ice cream, sherbet, milk, milkshakes, or hard candy.

Day Before Procedure: \_\_\_\_\_

\_\_\_\_\_ Liquids only. No solid food.

\_\_\_\_\_ Discontinue Propulsid, Reglan and Isordil.

Day of Procedure: \_\_\_\_\_

\_\_\_\_\_ You may have clear liquids only until 9:00am. No solid food.

\_\_\_\_\_ Take your morning medications, if any.

You will NOT need anyone to drive you home.

Date: \_\_\_\_\_

Place: \_\_\_\_\_

Procedure Time: \_\_\_\_\_

Arrival Time: \_\_\_\_\_