

Prep For Esophageal Motility with Diagnosis of Achalasia
(Morning Appointment)

Gastroenterology Clinic, APMC
611 Grammont St.
Monroe, LA 71201
318.325.2634 or 800.293.2634

2 Days Before Procedure: _____

_____ Liquids only. Approved liquids are: soft drinks, coffee, tea, Popsicles®, Jell-O®, broth, juices, pudding, ice cream, sherbet, milk, milkshakes, or hard candy.

Day Before Procedure: _____

_____ Liquids only. No solid food.

_____ Discontinue Propulsid, Reglan and Isordil.

_____ Nothing to drink after midnight (except sips of water with medications, if any).

Day of Procedure: _____

_____ Nothing by mouth until after the procedure.

_____ Take morning medications, if any, with a small sip of water.

You will NOT need anyone to drive you home.

Date: _____

Place: _____

Procedure Time: _____

Arrival Time: _____