

Prep For Esophagoscopy & Bravo® pH Monitor

Gastroenterology Clinic
611 Grammont St.
Monroe, LA 71201
318.325.2634 or 800.293.2634

The Bravo® pH Probe, a little larger than a "gelcap," is temporarily attached to the esophageal wall with the assistance of a proprietary delivery catheter. This procedure is usually done with sedation and involves the passage of a flexible lighted tube through the mouth to examine the esophagus. This procedure is combined with placement of the pH probe. Once in position the catheter is removed, leaving the Bravo® pH Probe behind to monitor and transmit esophageal pH levels to an external, pager-size receiver for the next 24 or 48 hours. Over the course of the study the repeated combination of swallowing, passing food and mucosal turnover will cause the disposable probe to slough off and pass through the digestive tract.

**** Discontinue Aciphex, Dexilant, Nexium, Prevacid, Prilosec, Protonix, Zegerid, Omeprazole, Pantoprazole or any over-the-counter equivalents (3) days prior to test.**

****Discontinue Axid, Pepcid, Propulsid, Reglan, Tagamet, or Zantac, 24 hours prior to test.**

Day Before Procedure: _____

_____ Nothing to eat or drink after midnight (except sips of water with medications, if any.) If you have an afternoon appointment, you may have clear liquids until 4 hours prior to your scheduled procedure time.

_____ May take Maalox, Mylanta or Tums until midnight.

Day of Procedure: _____

_____ Take morning medications, if any, with a small sip of water.

****Be sure to take BLOOD PRESSURE, SEIZURE and HEART medications.**

****If you are a DIABETIC, please call your physician for dosage of medicine to be taken the morning of your test.**

****If you take BLOOD THINNERS, follow instructions given to you at the time of pre-registration.**

_____ Bring your medications with you.

_____ Bring someone to drive you home. (You will be here approximately 2 hours)

_____ The patient will need to return to the Gastroenterology Clinic on _____ to return the transmitter.

Patient should not have an MRI performed for at least 30 days after Bravo® pH procedure.

Date: _____

Place: Endoscopy Center of Monroe, Inc.

Procedure Time: _____

Arrival Time: _____