



102 Thomas Rd., Ste. 114
West Monroe, LA 71291
P: 318.812.3303
F: 318.812.3304

Collins Coon, M.D.

Board Certified Gastroenterology

Colonoscopy Bowel Prep

Goal: To Remove all stool from the colon. This allows visualization of the entire colonic mucosa. This also makes the procedure easier to tolerate.

GOLYTELY SPLIT PREP

1. CLEAR LIQUID DIET ALL DAY starting when you wake up. NO SOLID FOOD. (Examples of things you can have: tea, coffee, apple juice, sprite, 7 up, chicken broth and/or beef broth; Jell-O, popsicles; **NOTHING RED OR PURPLE IN COLOR**)
2. Take your medications as you normally do. If you are on insulin or Coumadin call your nurse.
3. At _____ mix Golytely with warm water to fill line, mix well and place in refrigerator and take 2 Bisacodyl tablets.
4. At _____ drink ½ of Golytely mixture and refrigerate the remaining ½.
5. At _____ _ drink remaining ½ of mixture, nothing by mouth after _____.
6. IF YOU DO NOT DRINK ALL OF YOUR PREP, CALL 318-812-3303. YOU WILL HAVE TO RESCHEDULE OR GET A DIFFERENT PREP!!!!

DATE: _____

1. If you normally take blood pressure or heart medicine in the morning take these only with a small sip of water.
2. Make sure you have someone to drive you home.

If you have any questions, call 318-812-3303.