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#### Colonoscopy Bowel Prep

Goal: To Remove all stool from the colon. This allows visualization of the entire colonic mucosa. This also makes the procedure easier to tolerate.

#### **GOLYTELY SPLIT PREP**

1. CLEAR LIQUID DIET ALL DAY starting when you wake up. NO SOLID FOOD. (Examples of things you can have: tea, coffee, apple juice, sprite, 7 up, chicken broth and/or beef broth; Jell-O, popsicles; **NOTHING RED OR PURPLE IN COLOR**)
2. Take your medications as you normally do. If you are on insulin or Coumadin call your nurse.
3. At \_\_\_\_\_ mix Golytely with warm water to fill line, mix well and place in refrigerator and take 2 Bisacodyl tablets.
4. At \_\_\_\_\_ drink ½ of Golytely mixture and refrigerate the remaining ½.
5. At \_\_\_\_\_ \_ drink remaining ½ of mixture, nothing by mouth after \_\_\_\_\_.
6. IF YOU DO NOT DRINK ALL OF YOUR PREP, CALL 318-812-3303. YOU WILL HAVE TO RESCHEDULE OR GET A DIFFERENT PREP!!!!

DATE: \_\_\_\_\_

1. If you normally take blood pressure or heart medicine in the morning take these only with a small sip of water.
2. Make sure you have someone to drive you home.

If you have any questions, call 318-812-3303.