

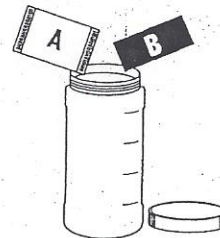
# Patient Instructions

**Clear Liquid Diet The Day Before Procedure:** This can include water, tea, clear soda pop, clear juice (apple, white grape juice), Jello (lemon or lime w/o added fruit), bouillon, or popsicles. No solid food allowed. Avoid "Red" colored liquid.

Beginning at: \_\_\_\_\_

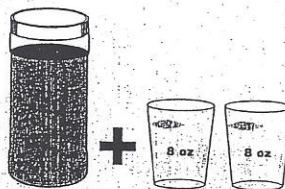
## STEP 1 MIX FIRST DOSE

- Empty 1 Pouch A and 1 Pouch B into the disposable container
  - Add lukewarm drinking water to the top line of the container. Mix to dissolve
- If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.



## STEP 2 DRINK FIRST DOSE

- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed
- Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep



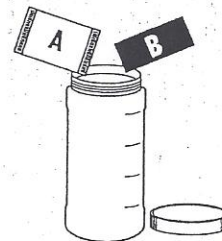
Clear liquids include water, ginger ale, apple juice, Gatorade\*\*, lemonade, and broth. No red or purple liquids

Ask your doctor if you have any questions about whether a particular drink is acceptable.

Beginning at: \_\_\_\_\_

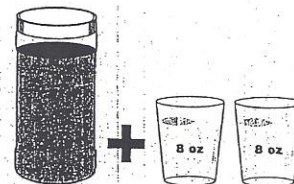
## STEP 3 MIX SECOND DOSE

- Empty 1 Pouch A and 1 Pouch B into the disposable container
  - Add lukewarm drinking water to the top line of the container. Mix to dissolve
- If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.



## STEP 4 DRINK SECOND DOSE

- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed
- Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep



A colonoscopy prep causes the body to lose a significant amount of fluid and can result in sickness due to dehydration. It's important that you prepare your body by drinking extra clear liquids before the prep. Stay hydrated by drinking all required clear liquids during the prep. Replenish your system by drinking clear liquids after returning home from your colonoscopy.

If you have any questions, please call our office at \_\_\_\_\_

\*Gatorade is a registered trademark of Stokely-Van Camp, Inc, Chicago, IL.



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**MoviPrep**  
(PEG-3350, Sodium Sulfate, Sodium Chloride, Potassium Chloride, Sodium Ascorbate and Ascorbic Acid for Oral Solution)

Low-Volume Prep.  
High-Volume Efficacy.

Rx only